TOWNSHIP OF



NUTLEY

Winter 2023 Newsletter



Mayor Joseph P. Scarpelli

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Mayor's Message

On behalf of our Board of Commissioners, I'm pleased to introduce the brandnew Township of Nutley Electronic Newsletter. Our goal is to send this out to our residents on a quarterly basis highlighting the work of the Commissioners and their five departments.

This issue focuses on the Parks and Recreation Department's plethora of programs that serve residents of all ages, from our youngest to our seniors and everyone in between.

Our Public Affairs Department offers health screenings all year round. This installment features upcoming events for the winter/spring seasons.

The Public Safety Department explains the H.O.P.E. Program and offers ways to keep our vehicles and homes safe and secure.

Cold weather and snow tips, along with this year's Shredding Day can be found in the Public Works section. Wrapping up our newsletter is the Revenue and Finance Department bringing awareness to the different relief funds available, as well as dog and cat license renewal reminders.

The Commissioners hope you find this initial Winter 2023 Newsletter entertaining and informative. Please let us know what you think!

Happy reading!!!





PARKS AND RECREATION

Commissioner Mauro G. Tucci

Toddler Programs

KinderDance



Yoga for Kids



Happily Ever Crafty



Adult Programs

Rise and Shine



Yoga for Life



Men's and Women's





Men's and Women's Volleyball



Youth Programs

Track and Field Nutley United Travel Soccer Flag Football Grades 1-4 **Girls Softball**

Tennis Clinics Lacrosse K-2 Hoops program Pre-T Ball

Theater Production Series Aspiring Authors Art Workshops Little League



PARKS AND RECREATION

Senior Programs

Art Club
Old Guard Club
Nutley Senior Club
Senior Bingo
Senior Nutrition Program

Joy of Music Zumba Gold Chair Yoga Senior Picnic May Day Luncheon





Fun For All - Integrated Recreation Programs

The Nutley FUN FOR ALL Integrated Recreation Program is an adaptive program designed to offer non-competitive recreational and social experiences for special needs students and their typical peers. This program offers individual sessions of seasonal sports and social activities, grouped accordingly by age. Participants learn the fundamentals of each game along with the importance of fitness and principals of good sportsmanship and socialization. The combination of participants with specific learning and medical disabilities along with their non-disabled peers, fosters relationships of understanding and acceptance of individual differences and makes this program a uniquely integrated recreational opportunity for all involved. Please contact the Recreation Department at (973)284-4966 for registration information.

MEMORIAL TREE CEREMONY

Recovering from the loss of a loved one can be a difficult task. Although we never forget our loved ones, we should find a unique way to memorialize their lives. The Department of Parks and Recreation implemented the Memorial Tree Planting and Bench Dedication Program as a lasting tribute to loved ones that have passed. Not only does the tree represent a remembrance of a significant part of our history,

it also will symbolize a renewal of life for generations to come. Similarly, benches provide unique locations for reflection and remembrance. People can request Memorial Trees and Benches during Sept-December. Plaques are ordered, benches need to be built and trees are planted in the Spring. We also do a Fall Planting of Street Trees.



Over a Decade Strong!!!

Relay is the ongoing community initiative on behalf of the Parks and Recreation Department to raise awareness and funds to fight cancer. Since the event was started in 2007, Nutley has raised more than \$1.4 million.

Relay is a team fundraising event where team members take turns walking around the DeMuro Park track throughout the evening. Each team is always asked to have a member on the track to signify that cancer never rests. Relay is a fun night for all ages as each team sets up a themed campsite at the event and continues their fundraising efforts by collecting donations from food, goods, games and activities. The money will count towards their overall team fundraising goal.

During the Luminaria ceremony we present everyone touched by cancer with a Luminaria. Each light represents a life taken by cancer, a survivor of cancer, or support for a person still fighting the disease. It's a powerful demonstration that gives people the opportunity to grieve but also offers comfort and hope.

The event kicks off by honoring everyone who's been affected by cancer and everyone who has contributed to the success of the season. Survivors and Caregivers are the heart and soul of Relay For Life events. We honor their strength and courage with every step they take. It doesn't matter if you were diagnosed 10 days ago or 10 years ago, you can walk while everyone gathers to cheer you on.

"Each year this event exceeds our expectations and gets bigger and better," Commissioner Tucci says. "Our team has grown and expanded each and every year and together we have made great things happen!"

Our closing ceremony is the time to commit to take action and help lead the fight for a world free from cancer. It's a time to celebrate what we've accomplished together and a time to unify for the work that needs to be done moving forward.

For information on how to join the committee or register for this event please contact Heather at 973-284-4966 or visit www.relayforlife.org/nutleynj.

PAINT THE TOWN PURPLE!

Paint the Town Purple is a promotional and awareness event to further engage our community in Relay For Life. The event is designed to draw interest in Relay and is generally planned in early Spring to draw attention early in the planning stages.



HEALTH DEPARTMENT

Commissioner John V. Kelly, III

Nutley Health Department 2023 Health Screening and Events Schedule

March 11

3rd Annual PI-KRun, details to follow

March - Month Long Events

Women's History Month - in partnership with the Nutley Schools and the Nutley Women's Networking Group, panel discussions will be conducted on two separate dates during the month of March at the High School.

Panels: 3/17 - 9am (Students only)

3/21 - 6:30pm (At the High School all are invited)

3/28 - 6:30pm (Nutley Women Owned Business Sip and Shop event at Mamma Vittoria)

Each panelist will speak of their experiences as a woman achieving success in their respective field, sharing some of their personal thoughts, achievements, struggles, etc., as well as what drew them to their current profession. After each panelist speaks, the program will conclude with a question-and-answer segment.

March 22 - 10am to 12pm

Colorectal Cancer is the third most common cancer in both men and women. Early detection has decreased the death rate for Colorectal cancers in the past 15 years. Receive FREE Colorectal Cancer Education and EZ-Detect Fecal Occult Kits. Registration not required.

April 26 - 10am to 12pm

Bone Density Screenings. An ultrasound of the forearm. Registration is required. Fee: \$12/person.

May 8 - 10am to 12pm

Evaluate your risk for stroke through cholesterol testing, blood pressure, pulse check, carotid artery assessment and stroke related counseling from staff physicians. Fee: \$35/person

June 12 - 10am to 12pm

Are you absent-minded lately or is it something more serious? Join us for a one-on-one memory assessment to address memory loss, risks & hygiene.

Commissioner John V. Kelly, III and the Nutley Department of Public Affairs and Health, in partnership with the Nutley Family Service Bureau and Nutley Schools, are pleased to announce plans for upcoming Monthly Student Mental Health Panel Discussions. These panels, to be held during school hours, will address timely topics and issues affecting teens today. Speakers from various disciplines will participate each month sharing their expertise and knowledge with Nutley High School students on topics such as relationships, grief, and substance use disorders.

The Student Mental Health Panel topics and dates are as follows:

3/21 - Grief/Anxiety 4/11 - Substance use disorders

For more information on any of these events, please call 973-284-4976.

HEALTH DEPARTMENT

Uniting for Ukraine: Tuberculosis Information

People arriving in the United States as part of Uniting for Ukraine must be screened for TB disease.

All people two years of age or older will need to be screened for TB by getting an interferon-gamma release assay (IGRA) and/or blood testing within 90 days after arrival to the United States. An IGRA is a blood test to tell if a person has been infected with TB germs. It does not tell whether the person has latent TB infection or has progressed to TB disease.

The Nutley Public Affairs and Health Department is able to provide referral resources to testing locations for those in need of screening and TB testing (IGRA) and/or blood testing. For the TB blood



test, a healthcare provider or laboratory technician will draw your blood and send it to a laboratory for analysis and results. TB screening may be available for free or at a reduced cost at local and state healthcare facilities. Coverage of the initial TB screening and blood test will depend on when you apply for benefits or health insurance, whether the state offers retroactive coverage, and if the healthcare provider can bill your health insurance.

Only one visit is needed to draw blood for the test, but results can take up to 4 weeks. If you have a positive reaction to the TB blood test, your doctor or nurse will do or refer you for other tests to see if you have TB disease. They will also provide treatment of latent TB infection and TB disease.

For additional information, please call the Nutley Health Department at 973-284-4976.

The Nutley Cultural Inclusion and Diversity Council

The Township of Nutley appreciates its diversity and wishes to celebrate a more inclusive and engaged community. The Nutley Cultural Inclusion and Diversity Council (NCIDC) was created to empower and enrich our community by celebrating diversity, sharing unique perspectives, and being more inclusive and respectful of all of our citizens.



The NCIDC assists the Township of Nutley to be proactive in embracing diversity, practicing active inclusion, creating meaningful ongoing dialogue, addressing issues of oppression and intolerance, generating leadership opportunities for all, connecting people and resources, fostering a sense of community, and shaping its future.

With the leadership of the Board of Commissioners and the NCIDC, Nutley will continue to be known as a place where all citizens come together to make their community better for themselves, their family, their friends, their neighbors, and others.



PUBLIC SAFETY

Commissioner Alphonse Petracco

A Note from the Commissioner

Nutley is a great place to live, work, and play, thanks to the dedication and commitment of the Township's Police, Fire, EMS, School Guards, and volunteers.

Our crime rate is one of the lowest in the state of New Jersey. Our Police Department is dedicated to working with our citizens to maintain a safe environment for all, especially our most vulnerable - our children and our seniors.

Our Fire Department's HAZMAT is proudly serving the entire region of Essex County, providing cost savings to our tax-paying citizens. World events have placed a renewed emphasis on the importance of emergency services throughout our nation. I am proud to say Nutley Township has one of the best-prepared emergency services response teams in the state. Our department is constantly striving to use the latest technology available to keep our citizenry safe.



I have been privileged to serve the people of Nutley for a number of years and I can honestly say that I have never been prouder of the men and women who serve on our public safety team.











H.O.P.E. Program

H.O.P.E for Nutley was created in 2008 by Commissioner Alphonse Petracco in an effort to help educate parents about the dangers and consequences of drug and alcohol abuse. With the main focus still being on substance abuse education, in August 2016, we expanded the mission to include everyday issues that affect parents, guardians and youth of all ages.

Officers and Public Safety employees coordinate educational projects for Nutley students district-wide such as the Above the Influence (ATI) campaign, Nutley Flashmob, and the Carnival of HOPE for Nutley. H.O.P.E. also hosts presentations for parents like Hidden in Plain Sight, Kids Count, How to Talk Teen and the Wake Up Parents educational series.

PUBLIC SAFETY

Carbon Monoxide Safety

A message from the Nutley Fire Department

Often called the invisible killer, carbon monoxide is an invisible, odorless, colorless gas created when fuels (such as gasoline, wood, coal, natural gas, propane, oil, and methane) burn incompletely. In the home, heating and cooking equipment that burn fuel can be sources of carbon monoxide.

- CO alarms should be installed in a central location outside each sleeping area and on every level of the home and in other locations where required by applicable laws, codes or standards. For the best protection, interconnect all CO alarms throughout the home. When one sounds, they all sound.
- Follow the manufacturer's instructions for placement and mounting height.
- Choose a CO alarm that is listed by a qualified testing laboratory.
- Call your local fire department's non-emergency number to find out what number to call if the CO alarm sounds.

- Test CO alarms at least once a month; replace them according to the manufacturer's instructions.
- If the audible trouble signal sounds, check for low batteries. If the battery is low, replace it. If it still sounds, call the fire department.
- If the CO alarm sounds, immediately move to a fresh air location outdoors or by an open window or door. Make sure everyone inside the home is accounted for. Call for help from a fresh air location and stay there until emergency personnel declare that it is safe to re-enter the home.
- If you need to warm a vehicle, remove it from the garage immediately after starting it. Do not run a vehicle or other fueled engine or motor indoors, even if garage doors are open. Make sure the exhaust pipe of a running vehicle is not covered with snow.
- During and after a snowstorm, make sure vents for the dryer, furnace, stove, and fireplace are clear of snow build-up.
- A generator should be used in a well-ventilated location outdoors away from windows, doors and vent openings.
- Gas or charcoal grills can produce CO only use outside.

Car Break-Ins: Avoiding Car Theft Smash-and-Grab

In Prevention Tips

- 1. Keep your car visible: Park in well-lit areas near people or with an on duty parking lot or garage attendant. Avoid having your car concealed by larger vehicles, fences, or foliage; thieves like to work in private.
- 2. Don't make it easy: Keep windows and sunroofs closed and doors locked. Almost one fourth of thefts from vehicles are from unlocked cars.
- 3. Activate your vehicle's alarm: Don't have one? Factory installed and theft systems are best, but a professionally installed alarm can discourage a car break-in thief who likes to work in silence.
- 4. Hide your valuables: Many smash and grab thieves act on impulse, so keep your stuff out of sight either with you or in a locked trunk. Don't count on the glove box; thieves know to look there, and they're easy to break into.
- 5. Hide your valuables II: If you have a wagon or SUV that leaves your cargo area open, get a retractable fitted cover to keep shopping bags or other belongings hidden.
- 6. Don't hand a thief your keys: Take you keys with you. And if you think you have a great hiding place for a spare key, car break-in thieves know to look above the visor, in the center console, under the floor mat, in the trunk well, etc.
- 7. Stow your stuff before arrival: Experienced thieves often stake out parking lots to watch for people putting items in their trunk. Help prevent car break-ins by putting valuables like laptops, messenger bags, and electronic devices into your trunk before you get to the parking lot.
- 8. Stash the evidence, too: After you've put your stuff in the trunk, don't forget such telltale evidence as power plugs, MP3 adapters, and navigation system windshield suction cup mounts. Thieves know what they're looking for, so hide the electronic accessories, too.
- 9. Trust your instincts: If you see suspicious activity, find another spot to park. If you're concerned, tell the attendant or report your suspicions to police. You may be helping to keep another person from being a victim of a car break-in or worse.



PUBLIC WORKS

Mayor Joseph P. Scarpelli

Residential Shredding Day

Identity theft is currently a problem that is on the rise, and one that is becoming a serious reality. Take a proactive step by disposing your private documents safely.

Nutley Public Works' Mayor Dr. Joseph Scarpelli announced that the Department of Public Works will be conducting "Shredding Day" on Saturday, April 15, 2023. This event will allow residents to safely - destroy sensitive material while also recycling.

Cars will enter Municipal Parking Lot 7 behind Bella Luce and proceed to Parking Lot 9 next to Ciccolini's between the hours of 10am to 2pm or until the trucks are full.

Residents will be required to stay in their car and open their trunk or truck bed to allow staff access to their documents. Residents will be limited to five boxes or bags for shredding.

Frozen Water Pipes & Meters

Common Tips

Ensure all family members are aware where your water meter is located and how to shut off the water into your home. If a pipe has broken, turn off the water at the main shutoff valve, which is usually at the water meter or where the main line enters the house

Insulate all exposed water pipes, using pipe insulation or even several layers of newspaper.

Open kitchen and bathroom cabinet doors to allow warmer air to circulate around the plumbing.

Let the cold-water drip from a faucet served by exposed pipes. Running water through the pipe even at a trickle helps prevent pipes from freezing.

Seal off any cracks that admit drafts to the basement, garage, or crawl space containing water pipes or your water meter.

Electronic Recycling

Nutley Public Works Commisioner Mayor Dr. Joseph Scarpelli announced that the Department of Public Works will be conducting Electronic Recycling Day to Nutley Residents on Saturday April 30, 2023, 9:00am- 1:00pm.

ACCEPTABLE ITEMS:

- Computers and Laptops
- FAX Machines
- Microwaves
- Monitors
- PrintersScanners
- Stereos and Speakers
- Televisions
- VCR and DVD Players

Residents will be required to stay in their car and open their trunk or truck bed for our workers to remove your items.





PUBLIC WORKS

Snow Safety Tips and Rules

Exposure to the cold can cause life threatening health conditions. Avoid serious conditions by keeping warm.

- Wear Layers
- Keep Dry and change any wet clothes
- Wear a hat, scarf, gloves, and weatherproof boots.
- Stretch before shoveling
- Protect your lungs and cover your mouth
- Walk carefully on snow or ice
- Offer to help others who require special assistance if you are able.

To aid the Public Works Department in clearing the streets, do not throw snow back into the streets. Snow Plowing Operations may cause snow to be pushed and cover the apron of your driveway. Clearing the apron of your driveway is the responsibility of the property owner.





REVENUE AND FINANCE

Commissioner Tom Evans

The Revenue and Finance Department comprises the functions of the Municipal Clerk's Office, Treasury, Code Enforcement, Tax Assessor, Tax Collector, and Purchasing. The Department is always available to help residents with home improvement permits, zoning approvals, inspections, voter registration, animal licensing, raffles, notary services, tax assistance and much more.

Anchor Tax Relief Program Deadline February 28

Township of Nutley Revenue and Finance Commissioner Thomas J. Evans is urging all eligible residents to take advantage of the State's ANCHOR property tax relief program and submit their applications prior to the February 28 deadline. The state sent out mailers in September with a unique ID and PIN# for each homeowner (renters do not need ID and PIN).

"I want to make sure that everyone who is eligible takes advantage of this new program," Commissioner Evans says. "We have been faced with many challenges over the past few years due to the pandemic. The ANCHOR program offers our residents the opportunity to get some tax relief."

Replacing the Homestead Benefit, the Affordable NJ Communities for Homeowners & Renters (ANCHOR) program will provide property tax relief to double the amount of homeowners, while renters will also benefit for the first time in years. Under the program, \$2 billion in property tax relief will be distributed to more than 2 million eligible homeowners and renters accordingly.

Renters are eligible for a 2019 ANCHOR benefit as a tenant up to \$450 if they meet the following requirements:

- You were a New Jersey resident; and
- You rented (your name was on the lease or rental agreement) and occupied a residence in New Jersey that was your principal residence (main home) on October 1, 2019;

- If your building had more than one dwelling unit, your unit had its own separate kitchen and bath facilities;
- Your main home was subject to local property taxes, and you paid rent on that home (see Tax-Exempt, Subsidized, and Campus Housing); and
- Your 2019 New Jersey gross income was not more than \$150,000.

Homeowners are eligible for a 2019 ANCHOR benefit as a homeowner up to \$1,500 if:

- You were a New Jersey resident;
- You owned and occupied a home in New Jersey that was your principal residence (main home) on October 1, 2019;
- The 2019 property taxes were paid on that home: and
- Your 2019 New Jersey gross income was not more than \$250,000.

Commissioner Evans encourages residents to contact the tax collector in the Nutley tax office at (973) 284-4963 x2208 if they did not receive an ANCHOR mailer, or to set up an appointment for assistance.

For more information on the Township of Nutley, please contact **publicrelations@nutleynj.org**.

REVENUE AND FINANCE

Senior Freeze (Property Tax Reimbursement)

The Senior Freeze Program reimburses eligible senior citizens and disabled persons for property tax or mobile home park site fee increases on their principal residence (main home). To qualify, you must meet all the eligibility requirements for each year from the base year through the application year.

For more info: www.state.nj.us/treasury/taxation/ptr/index.shtml



COVERAGES LIABILITY: BODILY INJURY

New Liability Insurance Requirements for Business Owners, Landlords

As of November 3rd, 2022, landlords and business owners in New Jersey will be required to carry \$500,000 in liability insurance for deaths or bodily injuries that may occur at their properties. For small, multifamily rental properties that are owner-occupied, the minimum liability insurance will be \$300,000. Must register compliance with the municipal clerk's office.

Dog and Cat license renewals coming in April.



